



Introduction to:

The Emotionally Healthy Church

Location: Friendship Community Church of God, 201 College Rd, Greensboro, NC 27410

Date: Saturday, November 10th @ 9:00am – 1:00pm

Course Description:

Our Churches are in trouble, says Peter Scazzero. They are filled with people who are;

- Unsure how to biblically integrate anger, sadness, and other emotions
- Defensive, incapable of revealing their weaknesses
- Threatened by or intolerant of different viewpoints
- Zealous about ministering at church but blind to their spouses and children loneliness at home
- So involved in “serving” that they fail to take care of themselves
- Prone to withdraw from conflict rather than resolve it

Attendees of this conference will gain understanding on how to equip leaders in their church to become healthy leaders and help their ministries to become healthy, vibrant and growing ministries.

Learning Outcomes:

Attendees will examine their emotional health so they are able to serve not as wounded healers.

Attendees will take Inventory of Spiritual/Emotional Maturity (Please take exam before attending the conference teaching).

Attendees will identify the type of emotional church they serve; Proud & Defensive or Broken & Vulnerable.

Attendees will take a journey into the seven principles of emotionally healthy churches.

Text: The Emotionally Healthy Church by Peter Scazzero (Amazon or other online purchase sites)

MDI Conference Requirement:

Read the entire book if possible (Chapters of focus: 1, 2, 4, 7, 9, and 10)

Complete the Inventory of Spiritual/Emotional Maturity on pages 61 - 66